## **Réading a-z** Fluency Passage

Name

**Good Things to Do** 

Word Count: 87

Many things are good to do. 6 Eating vegetables is good to do. 12 Vegetables help you stay well. 17 Reading books is good for you. 23 Books help you do well in school. 30 Playing is very good for you. 36 It can keep you from getting sick. 43 Washing your hands is good to do. 50 It also helps to keep you well. 57 Sleeping is good for you. 62 It helps your body rest. 67 It is good to stay well. 73 It is no fun to be sick, 80 so do these things and stay well. 87

