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Counselor Education

'Tis the Season!

Now that midterms are behind us, there is not much of the Fall semester left! You have all been busy with professional conferences, as well as your coursework. Soon the semester will be over and you will want to look back on it (whether it is your first or nearly your last) and be proud of the work you have done. Remember to keep a good balance and invest in your self-care. So, study hard, do your best work, and have a great rest of the semester!

~Dr. Perryman



On Our Way to MCA!

Mississippi Counseling Association Conference

The 69th annual conference of the Mississippi Counseling Association will be held November 6-8, 2019 in Biloxi, MS. This year's conference theme is **Navigate Inspiration: Supporting Counselors through Research, Resources, & Relevance**. Congratulations and best of luck to all of the students and faculty members who will be presenting!

Bibliocounseling for Tweens and Teens

by Dr. Winburn, Amy King, Rachel McClain, & Haley Vassar

Consideration for Counselors Working with Student-Athletes

by Brent Powell

Creating a "Safe Zone" in Your Practice: Becoming a Better Ally to the LGBT Community

by Dr. Kerwin and Melissa Spencer

Leadership Contributions to Counseling: Directions from MACES

by Dr. Balkin, Dr. Windham, & Dr. Beals

Social Life, Finances, and Grades: The Many Aspects of Mental Health for College Students

by Dylan Wren & Alyssa Wood

Treating Childhood Grief: The Struggle is Real

by Halie Pike, Maegan Tatum, & Rachel McClain

What You Think You Are Doing Might Be Different from What You Are Really Doing

by Dr. Kerwin & Dr. Balkin

All Counselor Education students and faculty are invited to attend a group dinner **Wednesday, November 6th at Shaggy's** in Biloxi, following the MCA President's Reception and Meet & Greet Social. If you plan to go, please contact Maegan at mljohnst@go.olemiss.edu.

Doc Students Spill the Tea on AARC

Jana Frankum: Presenting at the Association for Assessment and Research in Counseling Conference was a great opportunity to collaborate with other doctoral students in our program. We were able to share about a project we completed in one of our classes in working with the James Kennedy Wellness Center in Tallahatchie, Mississippi. This project bridged research with the community and provided valuable data for the Wellness Center in continuing to provide resources for Tallahatchie County. The AARC Conference also provided me with an opportunity to learn more from other presenters at how to continue combining research with counseling practice. This would be a great conference for master's students and doctoral students to attend. If you are considering presenting, this is a very inviting and friendly conference. Everyone was so happy to have the large amount of representation from Ole Miss!



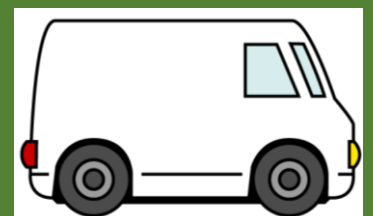
Maegan Tatum: I had such a wonderful time at the AARC Conference in San Antonio, TX! It was nice to meet so many people who are passionate about research in our field.--hearing their stories and gaining support for our previous and future projects meant so much to me and my fellow presenters. It was also amazing to meet so many wonderful people and be able to see former University of Mississippi students. It was wonderful to represent Ole Miss at the conference. I definitely plan to go back!

Erica Montgomery: I thoroughly enjoyed my time at AARC this year. In addition to meeting and learning from some of the brightest minds in our field, I got a chance to present for the first time. Everyone was welcoming and made it such a smooth experience. I couldn't have asked for a better opportunity as a novice presenter. San Antonio created a beautiful backdrop for us to enjoy and the Menger hotel is an amazing piece of history, masterfully preserved. From check in, to the awards luncheon, things ran so seamlessly that it was easy to forget all the hard work going on behind the scenes to keep everything moving along. Dr. Lenz and company did a great job of creating an atmosphere of learning, networking, and fun. I'm looking forward to future conferences with AARC.



Congratulations
on winning the
White Van Award
for 'hauling' the most
faculty and students to the
conference!

Thank you
for representing the
program so well!



Totes Mcgoat: Lenz is Keynote

Dr. A. Stephen Lenz, LPC, NCC delivered
the keynote address,
*Cultivating a Culture of Creativity &
Discovery*,
as part of the Endowed Lecture Series at
Texas Tech University
Health Sciences Center's
School of Health Professions
on October 4th in Lubbock, Texas.
Congratulations, Dr. Lenz!



Faculty Fans

**Dr. Amanda Winburn,
Dr. Diana Camilo,
& Dr. Kenya Bledsoe**
tailgate before the
Ole Miss Rebels
took on the
California Golden Bears
on September 21st.



Congratulations Dr. Rick Balkin, ACES 2019 Legacy Award Winner!

For over 15 years, Dr. Balkin has been a leader in program development, student and peer evaluation, as well as academic and administrative responsibilities to CACREP and NBCC. He has an outstanding publication and research history, manifests commitment and service to ACES, which is clearly evidenced by his committee membership, offices held, task force involvement, advocacy, and volunteerism within the organization; and unwavering commitment to the advancement of Counselor Education and Supervision through the education, supervision, and mentoring of students.



ACES LEGACY AWARDS

Presentation of Awards

Richard Balkin
Presenter: Carl Sheperis

Carol Bobby
Presenter: Sylvia Fernandez

Loretta Bradley
Presenter: Bret Hendricks

Thomas Davis
Presenter: Nicole Hill

Danica Hays
Presenter: Nicole Hill

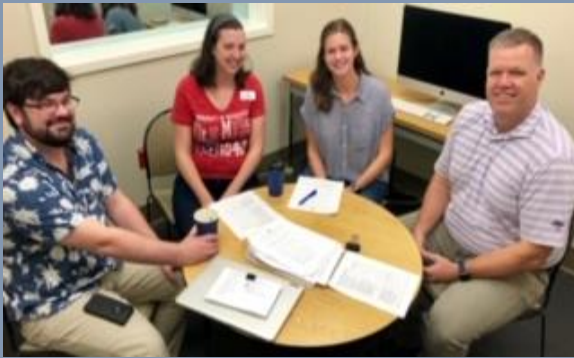
David Kleist
Presenter: Kirsten Murray

Gerard Lawson
Presenter: Rick Gressard

Pamela Paisley
Presenter: George McMahon

David Zimpfer
Presenter: Robin Lee

Standout Students



Dylan Wren, Joanna Dubois, Callie Sopen, & Brent Powell provided mental health screenings for incoming freshman at the University of Mississippi. Students from Nutrition, Speech & Hearing, and Nursing also provided physical health assessments at the South Oxford Campus. Great job, COPE!



**Congratulations,
Alyssa Wood!**

*Graduate Student Council
Senator*

If You Want My Advice

What advice do you have for 1st Year MEds?

2nd Year MEds Answered:

Go to the Writing Center
Listen to and lean on your cohort
Learn to manage your time
Buy the APA manual
Make time for self-care
Always read your chapters
Don't procrastinate on assignments/papers
Hang in there--it goes by quickly
Don't take yourself too seriously
You will be fine!



Attitude of Gratitude

What makes you thankful?

1st Year MEds Answered:

Supportive family & friends
My ability to think for myself
Those who encourage me to follow my heart
My workplace & education
Learning from the best of the best
Having a 2nd year MEd friend
My great cohort
Interesting classes
**To pursue an education that will have a
positive impact on my community**

Pimento cheese from Chicken Salad Chick



Dr. Lusk is ACES!

***Supporting Doctoral Students from
Marginalized Populations as Researchers:
Disseminating Power in Counseling Research***



Dr. Stephanie Lusk served on this distinguished ACES INFORM panel. She was joined by Drs. Singh, Butler, Patrick, Trepal, & West-Olatunji.

Almost Done with Fall: Are You Ready for Woodall?!?

Delta State University's Counselor Education Department
is excited to announce the date for the
39th Annual F.E. Woodall Spring Conference for the Helping Professions.

Mark your calendars for **Friday, March 27th, 2020!**

The University of Mississippi's Counselor Education program has a long history of presenting amazing sessions at Woodall! Students from the MEd, PhD, EdS programs work together, as well as collaborate with faculty, to turn out the best* presentations at the conference! Consider working with your fellow students and faculty and submitting a proposal!

Here are just a few reminders when submitting your proposal:

1. Presentations are 60 minutes.
2. There is no specific theme; however, please choose a topic related to other helping professionals.
3. Submit your proposal and your CV or resume to increase your chances regarding the application process.
4. Submit resume/CV, and your 2-page proposal form (see below) no later than **January 10th, 2019**.

Interested, but not sure where to start? Some of the doc students have volunteered to collaborate and help you through the process! You can contact Alyssa Wood (amwood5@go.olemiss.edu), Dylan Wren (dwern@go.olemiss.edu), or Maegan Johnston (mljohnst@go.olemiss.edu). Make sure you ask your professors what they are planning for Woodall because they may want to work with you on a presentation, too! For more information, contact Chaley Brunetti McCain at cbrunetti@deltastate.edu.

**It is my opinion that you are the best faculty & students around; therefore, you deliver the best presentations!—
Dr. Perryman*



39th Annual F. E. Woodall Spring Conference for the Helping Professions
Friday, March 27th, 2020

Presenter Vested Interest Form

Lead Presenter Name, Degree, & Credentials:
Co-Presenter Name, Degree, & Credentials: (if applicable)
Title of Session:
Abstract:

Lead Presenter Biographical Data (Attach all presenters CVs/resumes)

Lead Presenter's Address:			
Position/Company Name:			
Lead Presenter's Phone(s):			
E-mail:			
Degree	Institution	Area of Study	Year Awarded
Co-Presenter's Information (if applicable)			
Co-Presenter's Address:			
Position/Company Name:			
Co-Presenter's Phone(s):			
E-mail:			
Degree	Institution	Area of Study	Year Awarded

Sponsoring Organization: Delta State University

Application Number:

PLEASE ATTACH VITA OF PRESENTER(S).

PLEASE NOTE: PLEASE ENSURE THIS FORM IS COMPLETED CLEARLY AND ADEQUATELY DESCRIBES YOUR PRESENTATION. PLEASE LIST THE LEARNING OBJECTIVES OF THE PROGRAM (INCLUDE RELEVANCE TO SOCIAL WORK/COUNSELING/PSYCHOLOGY/HELPING PROFESSIONS):				
PRESENTATION TITLE – This should clearly indicate content of the presentation		Target Audience – Check all that apply <input type="checkbox"/> Social Workers <input type="checkbox"/> Counselors <input type="checkbox"/> Mental Health Therapists <input type="checkbox"/> Psychologists		
Objectives List three learning objectives for participants. Begin objectives with action verbs, i.e. discuss, explain, define, list, demonstrate, etc. Content is specific and in outline form. At the end of this activity the participant will be able to:	Time Frames Provide a time frame for each objective (To total 60 mins)	Presenter(s) List name of presenter for each contact area.	Teaching Strategies/Resources List teaching strategies by each presenter, for each objective. List resource needs, (i.e. projector, computer, whiteboard)	Evaluation Tool Select the most appropriate method to be used to evaluate this activity. <input type="checkbox"/> Evaluation form provided by DSU <input type="checkbox"/> Knowledge <input type="checkbox"/> Skill and Attitude <input type="checkbox"/> Change in Practice <input type="checkbox"/> Other
Objective 1: Content:				<input type="checkbox"/> Learner Satisfaction <input type="checkbox"/> Knowledge <input type="checkbox"/> Skill and Attitude <input type="checkbox"/> Change in Practice <input type="checkbox"/> Other
Objective 2: Content:				<input type="checkbox"/> Learner Satisfaction <input type="checkbox"/> Knowledge <input type="checkbox"/> Skill and Attitude <input type="checkbox"/> Change in Practice <input type="checkbox"/> Other
Objective 3: Content:				<input type="checkbox"/> Learner Satisfaction <input type="checkbox"/> Knowledge <input type="checkbox"/> Skill and Attitude <input type="checkbox"/> Change in Practice <input type="checkbox"/> Other

Happy Birthday to All of Our MEd, PhD, & EdS Students Born in November & December!

*Happy birthday to you, happy birthday to you,
you look like a counselor,
and you sound like one, too!!!*

November

10th – Halie Gregory
12th – Holly Reeves
18th – Stacy Powers
19th – Aretha Nabors
20th – Ryan Turner
20th – Anna Booth Weems
25th – Elle Persekian
27th – Karissa Marshall

December

4th – Carissa Pauley
17th – Lori Fain
28th – Melissa Spencer
30th – Kris Gilliland



Counselor Preparation Comprehensive Examination February 15, 2020



CPCE Secrets Study Guide: CPCE Test
Review for the Counselor Preparation
Comprehensive Examination

Encyclopedia of Counseling: Master
Review and Tutorial for the National
Counselor Examination, State Counseling
Exams, and the Counselor Preparation
Comprehensive Examination (4th Edition)

Mastering the National Counselor Exam
and the Counselor Preparation
Comprehensive Examination (2nd Edition)

Workshop for the National Counselor Exam
& CPCE by Andrew Helwig DVDs



47% of
students
come to
school
without
cleaning
their teeth

5 WAYS
TO BE

THANKFUL

School counseling students are collecting
hygiene products such as **bar soap**,
deodorant, **toothbrushes**, **toothpaste**, and
shampoo. **These items will be distributed**



43% of parents say
they can't buy basic
hygiene or cleaning
products because
they can't afford
them

16.9% of
students in
this county
are in
poverty



63% of teachers
say students
come to school
dirty clothes



Drop Off Location: Guyton Hall Room 120
When: November 1 - November 15, 2019

Ole
Miss

Thankful for Kids

University of Mississippi School of Education
School Counseling Students

Now Taking Applications

Do you have friends or coworkers that always ask about your experience in the MEd program?

Do you think they would make a good student?

Please help spread the word---we are taking applications now for the next Fall 2020 cohort in Oxford, Tupelo and Desoto!

For more information on applying, please tell them to go to

<http://counselor.education.olemiss.edu/admission/>

for general questions, please contact Dr. Perryman at perryman@olemiss.edu

for information about Tupelo and the *new* Desoto program,

please contact Dr. Camilo at dcamilo@olemiss.edu



Chi Sigma Iota

Chi Sigma Iota is an international honor society that values academic and professional excellence in counseling.

Here are their upcoming activities:

Fall events:

- CSI Officers will meet with Oxford students on October 16th and Tupelo students on October 23rd to discuss CSI events for the year
- Doctoral students, as well as counselors in the community, will deliver presentations 2-3 times per semester. The first presentation will be **October 30th at 3:30pm in Guyton 115**. Future dates TBD.
- University of Mississippi Counselor Education Dinner will follow the President's Reception/Meet & Greet Social at MCA on **November 6th**. Specific location to be announced.
- CPCE/NCE Study Sessions will be the week of Finals (December 9-13). Specific times and more information will be announced.

Spring Events:

- MCA Day at the Capital is **January 23rd**.
- CSI will sponsor goody bags for 2nd-year students taking the CPCE. There will be a packing party with 1st year students on **Wednesday, February 5th** at 4pm. Delivery of goody bags will be on February 15th as students finish CPCE.
- CSI Induction Ceremony
- Internship Fair for School Counseling and Clinical Mental Health Counseling
- Senior Prom

