

Spring
2019

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Counselor Education

Spring has Sprung

We started a new academic year, loved studying in Februray, Marched into comps, and now we spring forward into April and May make it to commencement! It is hard to believe many of you are graduating so soon! We still have a lot to do so KEEP studying hard, doing your best work, and having a great semester!

~Dr. Perryman

Maegan Tatum and Amy King presented "Dual Relationships: Unethical or Unavoidable" at the 4th Annual Law and Ethics in Counseling Conference in New Orleans, LA February 19-22, 2019.



CSI: The Honor Is All Ours

Each year, the Epsilon Mu chapter welcomes the newest members to the Chi Sigma Iota Honor Society. Chi Sigma Iota is the international honor society of professional counseling with over 120,000 initiated members. In order to join Chi Sigma Iota, a student must receive a 3.5 GPA or above during their first academic year in the master's program.



The Epsilon Mu chapter at The University of Mississippi was happy to induct 26 new members on Sunday, February 24th. At this ceremony, Epsilon Mu awarded 14 active members with cords to be worn with each student's graduation regalia.

Dr. Donna Sheperis, a former graduate of the Counselor Education and Supervision Ph.D. program at The University of Mississippi, served as our speaker. Her keynote address "Becoming a Counselor While Being Your Best Self" incorporated many realistic suggestions for how to identify burnout and incorporate self-care as a student and as a counselor.

We are so proud of our students and were happy to celebrate everyone's academic accomplishments from this school year.
Congratulations new and graduating members of CSI!

Teacher's Pet

The Counselor Education faculty is devoted to their students;
but, they are absolutely in love with their furry friends!
Can you guess which pet belongs to which prof?



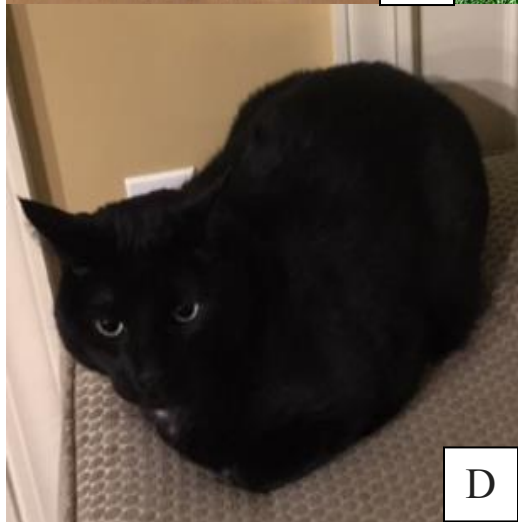
A



B



A&C



D



E



F



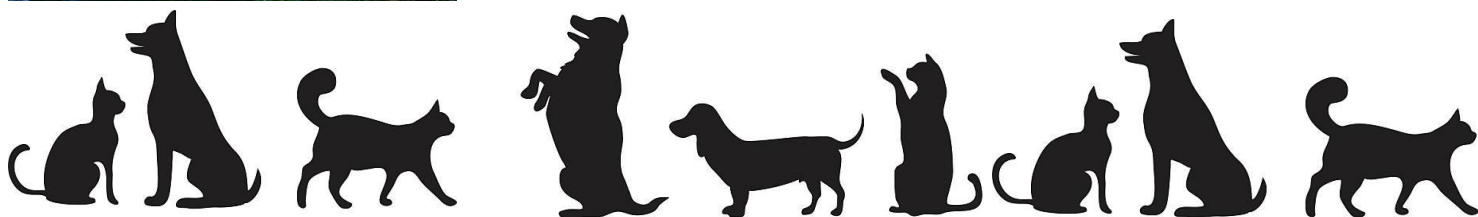
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Dr. Balkin Receives the ACA Extended Research Award

The ACA Extended Research Award recognizes research carried out over the course of at least 10 years and aligned with at least one ACA division.

Dr. Balkin's research on crisis care for adolescents extends over 10 years, with the first publication being his dissertation in 2003 and yielding 13 publications, five publications related to adolescents in crisis, and two additional student dissertations. The work has been cited over 100 times and has a cross-disciplinary appeal through citations in medical and social work textbooks and journals. The research yielded the development of the Crisis Stabilization Scale (formerly known as the Goal Attainment Scale of Stabilization; GASS), which has been adopted by two hospital systems. The research has garnered modest funding and resulted in 18 peer-reviewed publications, two student dissertations, and citations in interdisciplinary sources including textbooks, medical journals, social work journals, psychology journals, and counseling journals.



**Dr. Magruder Gives Keynote
at the 55th Annual
South Carolina
Counseling Conference**



On February 22, 2019 Dr. Magruder delivered the opening session to clinical mental health counselors, school counselors, supervisors, and counselors-in-training in Hilton Head, SC.

Attendees came from all across the state to hear Dr. Magruder's speech: *The Power of Imperfection*. Based on Carl Roger's necessary and sufficient conditions, Dr. Magruder reminds us all that it is our imperfection that makes us ideal to provide counseling to our clients.

CSI Bowling Bash



Who is the teacher's pet?
Are you paws-itive
you have the right answers?

Check here:

A=Kerwin
B=Winburn
C=Kerwin
D=Magruder
E=Showalter
F=Winburn
G=Winburn
H=Balkin
I=Balkin

Yay for ACA!

AMERICAN COUNSELING
ASSOCIATION
#Counseling2019

2019
CONFERENCE & EXPO
March 28-31 | New Orleans

Ole Miss
Represents!

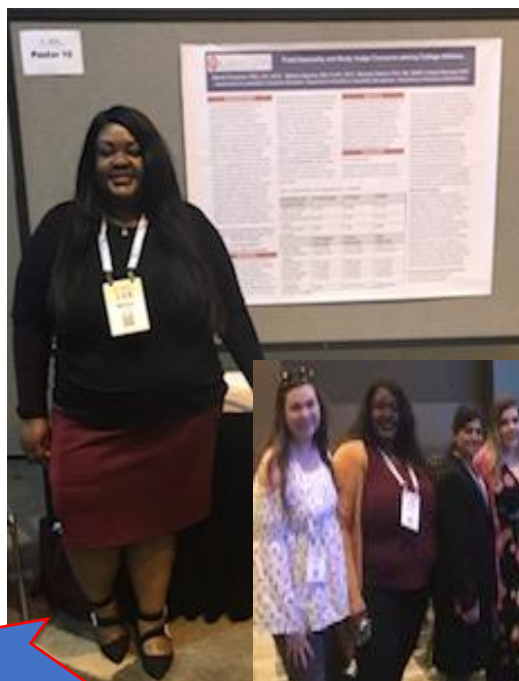


Effects of Integrated Primary Behavioral Health Care
(IPBH) for Adults With Substance Use Disorders

by

Dr. Richard S. Balkin, Dr. Stephen Lenz, Halie M. Gregory,
Miranda N. Rines, & Katelyn E. Swinford

Advancing Social Advocacy Through School Counseling
Curriculum and Practice
by
Dr. Amanda M. Winburn & Dr. Alex Kerwin



Dr. Bledsoe

Food Insecurity and Body Image Concerns Among College
Athletes

by

Dr. Mandy L. Perryman & Melissa Spencer



Dr. Lentz

Counselors Don't Give Advice,

But Counselors-in-Training Do!

Second year MEd students were asked for their best tip in preparing for the comprehensive exam:

You know more than you think you know!

Start studying early!

Keep calm--you have had a lot of prep.

The purple book is really good.

If you are on the school track, you will need to teach yourself some DSM stuff. Other than that, you know more than you think you do.

Don't procrastinate—there is a lot to learn!

Use Christmas break to make best friends with the purple and green books!

Don't freak yourself out when studying—it is okay to not know everything!

Practice tests are super helpful!

You can do it!

Buy the purple book. It will sit on your bedside table for a month. So go ahead and start that process so you can start studying in the fall. You're going to do a great job!

Trust the process!

Pay attention in your foundations class.

Don't listen to anyone who tells you not to study!

I'm not saying don't study—but don't stress out about it! Your classes prepared you for this so review and don't sweat it!

Don't cram the week before the CPCE—study early and use the practice tests!

Download the app for on-the-go-studying!

Wise words from students who passed the Counselor Preparation Comprehensive Examination!

Next...

- 4/5-6 MS Play Therapy Conference
- 4/12 Woodall Conference
- 4/13 NCE
- 4/17 Dr. Marc Showlater's Birthday
- 5/3 Last day of Spring classes
- 5/11 Commencement
- 5/13 May Intersession begins
- 5/27 Memorial Day
- 5/28 First & Full Summer terms begin
- 6/5-7 Residency at the South Oxford Campus for EdS students



Coun 760: Leadership & Advocacy, taught by Dr. Juawice McCormick, participated in the Tallahatchie Wellness Health and Lifestyle Fair at the James C. Kennedy Wellness Center in Charleston, MS.